

# St Benedict's Parish Arcadia



## THIRD SUNDAY OF EASTER YEAR A

### PARISH Masses

#### Weekend:

Saturday 7:00pm Vigil

Sunday 9:00am

Sunday 10:30am

#### Weekday:

Mondays to Thursdays 9:30am

Fridays 6.30pm Adoration

7:00pm Mass & Confession

(Reconciliation)

Saturdays 10am to 11am

Adoration & Confession

(Reconciliation)

### MONASTERY CHAPEL Masses

Sundays 7:00am

Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS**

**RECONCILIATION**

**FOR THE SICK**

**MARRIAGES**

**FUNERALS**

Fr Shansana: 0437 884 233



22 & 23 APRIL 2023

### ENTRANCE ANTIPHON

Cry out with joy to God, all the earth;  
O sing to the glory of his name.  
O render him glorious praise, alleluia.

### SUNDAY HOLY MASS PRAYER

May your people exult for ever, O God,  
in renewed youthfulness of spirit,  
so that, rejoicing now in the restored glory of our adoption,  
we may look forward in confident hope  
to the rejoicing of the day of resurrection.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. **Amen.**

### REFLECTION: BURNING HEART

**Sunday's Gospel, Luke 24:13-35**

**Today's Gospel is about two disciples of Jesus' on the road to Emmaus, when Jesus joined them asking them what they were discussing as they did not recognise him. Once they reached their house, they invited Jesus in. Once they knew who he was they said "Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?"**

- **Are my eyes opened to what is before me?**
- **Does my heart burn within me when I read or hear about Jesus?**
- **When I offer hospitality to others do I experience Jesus' presence?**
- **Do I have faith that I will see the living God face to face and share in his everlasting glory and joy?**



### PRAYER:

**Lord, open my eyes to see you in everyone and everything. I want my heart to burn within me when I hear your name. Help me to be more kind and generous to others around me. Strengthen my faith that I may see the living God face to face. Amen.**

**First Reading: Acts 2:14, 22-33 (JB)**

A reading from the Acts of the Apostles

*It was impossible for him to be held by the power of Hades.*

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd in a loud voice: 'Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life, freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him:

I saw the Lord before me always, for with him at my right hand nothing can shake me.

So my heart was glad and my tongue cried out with joy: my body, too, will rest in the hope that you will not abandon my soul to Hades nor allow your holy one to experience corruption.

You have made known the way of life to me, you will fill me with gladness through your presence.'

'Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witness to that. Now raised to the heights by God's right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.'

**The word of the Lord.**

**Thanks be to God.**

**Responsorial Psalm:**

**R. Lord, you will show us the path of life.**

**Second Reading: 1 Peter 1:17-21 (JB)**

A reading from the first letter of St Peter

*The ransom that was paid to free you was the blood of the Lamb, Jesus Christ.*

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason - so that you would have faith and hope in God.

**The word of the Lord.**

**Thanks be to God.**

**Gospel Acclamation**

Alleluia, alleluia!

Lord Jesus, make your word plain to us:

make our hearts burn with love when you speak.

Alleluia!

**GOSPEL: Luke 24:13-35 (JB)**

A reading from the holy Gospel according to Luke

*They recognised him at the breaking of the bread.*



Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.

Then one of them, called Cleopas answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.'

Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.

When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at the table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?'

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes it is true, The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**

## GOSPEL REFLECTION

Sunday, April 23  
Acts 2:14, 22-33  
Psalm 16:1-2, 5, 7-11  
1 Peter 1:17-21  
Luke 24:13-35

*Were not our hearts burning within us while he . . . opened the Scriptures to us? (Luke 24:32)*

In today's familiar Gospel, a disciple named Cleopas and his companion walked the road from Jerusalem to Emmaus. They were leaving Jerusalem, a place of disappointment and dashed hopes, where their Master had suffered and died. But on that path of sadness and doubt, Jesus spoke and "opened the Scriptures" to them, even though they failed to recognize him (Luke 24:32).

Patiently, Jesus explained how all the Scriptures pointed to him. Step by step, the risen One brought their faith back to life. Perhaps the women's story of an empty tomb could be true! Could this have been God's plan all along? Slowly, their grief-stricken hearts grew warm; they hungered to hear more. "Stay with us," they pleaded (Luke 24:29). And once he broke the bread, their eyes were opened: they knew it was Jesus.

Today the same Jesus who walked the road to Emmaus will be speaking to *you* through the Scriptures at Mass. These aren't just wise words from a gifted teacher or an ancient book. It is Jesus himself, the living Word of God, speaking to you. He will meet you wherever you are: whether you're just starting out in your journey of faith or you've been following him for years. Whether you have questions or you're sure of what you believe, Jesus will still open his word to you. He loves to stir your heart!

Don't you want the hope that comes from hearing Jesus speak his words? Don't you want more confidence that he will speak to you through his words? And don't you want deeper faith that he is truly present, Body, Blood, Soul, and Divinity, on the altar? Jesus wants this even more than you do!

Open your heart to the Lord; listen as he speaks through his word. He will not disappoint.

***"Jesus, help me to hear you speak through the Scriptures today."***

Source: Word Among Us India Apr-May23 pg.23

## LITURGICAL FEASTS AND EVENTS OF THE WEEK

- |              |   |
|--------------|---|
| Monday 24    | Readings: Acts 6:8-15. Jn 6:22-29.<br><b>R:</b> Blessed are they who walk in the way of the Lord.<br><b>St Fidelis of Sigmaringen, priest, martyr.</b>  |
| Tuesday 25   | Readings: Wis 3:1-9 or Is 9:1-6. 1 Cor 1:18-25 or Eph 2:13-18. Jn 12:23-28 or Jn 14:23-29.<br><b>R:</b> I will walk in the presence of the Lord, in the land of the living.<br><b>ANZAC DAY</b> |
| Wednesday 26 | Readings: 1 Pet 5:5-14. Mk 16:15-20.<br><b>R:</b> For ever I will sing the goodness of the Lord.<br><b>St Mark, evangelist.</b>   |
| Thursday 27  | Readings: Acts 8:26-40. Jn 6:44-51.<br><b>R:</b> Let all the earth cry out to God with joy.<br><b>St Louis Grignion de Montfort, priest.</b>  |
| Friday 28    | Readings: Acts 9:1-20. Jn 6:52-59.<br><b>R:</b> Go out to all the world, and tell the Good News.<br><b>St Peter Chanel, priest, martyr.</b>   |
| Saturday 29  | Readings: Acts 9:31-42. Jn 6:60-69.<br><b>R:</b> What return can I make to the Lord for all that he gives to me?<br><b>St Catherine of Siena, virgin, doctor.</b>                               |



Source: Ordo 2023

## POPE FRANCIS' PRAYER INTENTION FOR APRIL 2023

### FOR A CULTURE OF PEACE AND NON-VIOLENCE

We pray for the spread of peace and non-violence, by decreasing the use of weapons by States and citizens.





## THE RULE OF ST BENEDICT

### Chapter 4

To reverence the old.

#### PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

Bank Details for ONLINE only donations:

**BSB: 062 784 Acct: 100002141**

**Name: Catholic Parish of Arcadia Bank:**

**CBA—Catholic Development Fund**

#### FORMATION EVENTS AT EPPING AND CARLINGFORD



The Catholic Parish  
of Epping & Carlingford

##### St Teresa of Avila Series

Presented by Bishop David Walker on 6 Wednesdays  
10.15am – 11.30am from 10 May.

##### The First Spiritual Exercises

A five-week introduction to Ignatian (Jesuit) prayer which scaffolds a way of personal prayer and a deep listening.

Groups will meet from the week of 22 May:

- Mondays 10am;
- Mondays 7.30pm;
- Tuesdays 7.30pm;
- Thursdays 1.30pm

##### Gifts Discernment

The Call and Gifted course unpacks the charisms of the Holy Spirit, the supernatural graces given to each of us from God to bear results for the kingdom of God beyond our human abilities.

##### Date & Time:

Sat 6 May, 7pm-9pm AND Sun 7 May, 10am-4:30pm  
Cost \$30 including food and materials

<https://www.trybooking.com/events/landing?eid=1027114&>

**Men Alive** is a weekend retreat to help men of all ages become the best man, husband, and father he can be (for both married and unmarried men).

**Date:** 17-18 June

<https://www.trybooking.com/events/landing?eid=1036955&>

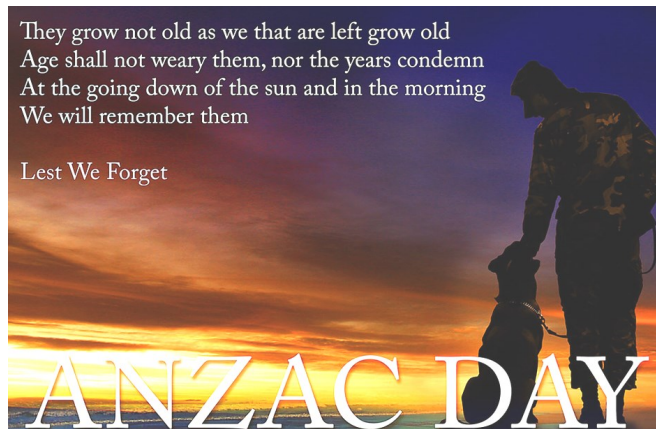
#### ANZAC DAY

**Mass for ANZAC Day will be held on**

**Monday 25th April 9.30am at the Parish.**

They grow not old as we that are left grow old  
Age shall not weary them, nor the years condemn  
At the going down of the sun and in the morning  
We will remember them

Lest We Forget



*Remember, O Lord, all those the brave and the true, who have died the death of honour and are departed in the hope of the resurrection to eternal life. In that place of light from which sorrow and mourning are far banished, give them rest, O Lord, thou lover of men. And grant to us who remain the spirit of service which may make us worthy of their sacrifice, through Jesus Christ our Lord. Amen.*

#### CATHOLIC CARE

CatholicCare is here to help and offers a range of services for people in need including emergency relief, financial supports, homelessness and housing assistance, domestic violence support, counselling supports including financial counselling, disability and seniors supports and more.

Call us today on 1800 324 924 or visit [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au) for more information.



#### In Our Parish

*(please let us know if you would like someone added here)*

**We welcome into God's family, all who were recently baptised.**

**We pray for the sick of our Parish, especially Tony Takchi, Brother Mario & Brother Terry and Koana Zouein (Rita Sarkis' mum).**

**We remember in our prayers all our dearly beloved who have died.**



## VOLUNTEER OF THE WEEK!

Thank you to everyone who helps out our parish making it into the beautiful community we have.

For the nomination this week we would like to thank:

**NOELLE & KARINA TAKCHI and family!**

Thank you for the beautiful music you provide every few weeks. Also for helping out with music whenever we need it and everything you do for our parish. God bless your family!

*Is there someone you would like to nominate? Please mention it to Fr Shansana or Paula.*

## HEALTHY RELATIONSHIP

Knowing your partner and children well is crucial for healthy and long-lasting relationships. Developing a deep understanding of their inner world, including their fears, desires, and dreams, can help create a stronger bond. By also incorporating elements of faith, families can enhance their connection and navigate difficult conversations or conflicts more effectively.

A deep connection with family members is essential because it creates a more profound bond and fosters empathy. By getting to know her or his needs and emotions, you can respond more effectively, leading to a grace filled relationship helping couples and families to resolve issues more quickly and builds the loving bonds.

Faith also plays a significant role in strengthening the connection in families. By sharing your beliefs and values, you can develop a shared understanding of your relationship's purpose and the role that faith plays in your lives. This can serve as a foundation for dealing with challenges and supporting each other in times of need.

**The process begins with asking questions** and listening attentively to the answers. This process helps you discover their likes and dislikes, goals, and aspirations, as well as their fears and concerns.

Here are some examples of questions you can ask:

1. Name my two closest friends
2. What is my favourite musical group, composer, or instrument?
3. What was I wearing when we first met?
4. Name one of my hobbies?
5. Where was I born?
6. What stresses am I facing right now?
7. Describe in detail what I did today or yesterday.
8. When is my birthday?
9. What is the date of our anniversary?
10. Who is my favourite relative?

John's Gospel explains it like this: *Children, our love must be not just words or mere talk, but something active and genuine.* (John 3:18)

Source: Majellan.media

## CCC PRAYER GROUP

Prayer meeting held every

**Friday nights:** after 7pm Mass

**Wednesday mornings:** after 9.30am Mass.

Everyone welcome. **Come and meet new people.**

For more details call Mary Camilleri on 0403 116 987.



## CATECHISTS' NEWS

Term 2 SRE (Scripture) will recommence this Wednesday 26<sup>th</sup> April and Friday 28<sup>th</sup> April.

Free training for all Catechists (to register email [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)) –

- Level 1 Training starting in May. The first session will be 'Prayer in the Classroom' on Tuesday 2 May 6:30pm - 8:30pm and Monday 8 May 10am – 12:30pm. The following session is "Miracles and Parables"

If you are interested in becoming a Catechist or helper and joining this ministry of bringing God's love and Word to children in our local schools, talk to myself, one of our Catechists or any of our priests. Training, a Teacher's Manual and workbooks are provided free.

God bless,  
Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)  
Parish Catechist Coordinator



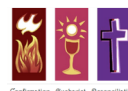
## SACRAMENTAL PROGRAM

**OUR NEXT SACRAMENTAL PROGRAM** will be announced in May, commencing with Confirmation (child must be in year 3 or above, this year). Confirmation classes will be held in August 2023.

Please email the parish if you would like your child to be added to the list.

*In the Diocese of Broken Bay, the order of receiving of the sacraments is:*

*Confirmation, Reconciliation, then Eucharist. Children are usually prepared for these sacraments in Years 3 and 4.*



## THE CATHOLIC WEEKLY

A couple of parishioners have asked to bring back the Catholic Weekly newspaper to our parish again. We need to order at least 20 to have postage for free. The price will be higher than \$2 if we order under 20 copies. If you can let us know if you are interested in purchasing the Catholic Weekly every week we will go ahead and subscribe.



Please let Fr Shansana or Paula know if you are interested in purchasing The Catholic Weekly every week as soon as possible please.

## ITALIAN ROSARY GROUP

Every Monday 2.00pm.

Everyone welcome.

For more details call Angela Egiziano.

Ph: 9653 2312.



## **ST BENEDICT'S MEN'S MEET & GREET**

The next Men's meet and Greet is on Monday the 8th of May 2023, 7.30am to 8.30am.

An hour for men of different ages for an informal opportunity to get together, communicate and share thoughts of current views in a relaxed environment, free of judgement, supporting connection and meeting other like-minded men from our community.

Contact Mirko for more information on 0409 678 780.



### **MAY CELEBRATION IN HONOUR OF OUR LADY**

**TO INTERCEDE FOR PEACE IN THE WORLD  
AND  
THE WELFARE OF AUSTRALIA**

**The World Apostolate of Fatima (Sydney Archdiocesan Committee)**

**INVITE YOU TO JOIN US**

**AT**

**ST. MARY'S CATHEDRAL**

**(Main Altar)**

**Saturday May 13th - 11.30am – 1.00pm**

**Fr. Restituto Ogsimer C S**

(will be Celebrant and preach the homily)

Mass will be preceded by

Entrance Procession (in the Cathedral) with the  
Pilgrim Virgin Statue of Our Lady of Fatima  
(With the Immaculate Heart)

Rosary, Litany of Loreto

Act of Consecration to the Immaculate Heart of Mary

**Sponsored by**

**Sydney Archdiocesan Committee of the World Apostolate of Fatima Aust Inc.  
(Public Association of the Faithful)**

**Post Office Box 6057, Narraweena NSW 2099 - Phone No: (02) 9984-8988**

### **DONATING MEN'S CLOTHING FOR SEAFARERS**

**Message from Sr Mary Leahy:**

*Thank You to St Benedict's Parish Arcadia for a most generous donation of clothes and toiletries. I can guarantee every last item will be used. The Seafarers are most grateful for your support, and I am heartened by the wonderful generosity of the parish of St Benedict's.*

*Sr Mary Leahy*





## Saint Fidelis of Sigmaringen, Priest and Martyr

C. 1577-1622

Feast Day April 24



Patron Saint of Patron Saint of lawyers and the Congregation for the Evangelization of Peoples

Mark Roy was born in the small town of Sigmaringen, modern-day Germany. His father was a wealthy businessman who later became the town's mayor, and his mother was a Protestant who converted to Catholicism when she married Mark's father. Mark had three older siblings and one younger. His loving parents saw to it that as a youth he was well educated in the one, holy, catholic, and apostolic faith, as well as in etiquette, self-discipline, and reverence for God.

After completing his elementary studies, Mark was sent to study philosophy and law at the University of Freiburg, modern-day Germany. He was an excellent student and later teacher who won the admiration of many. In 1603, at the age of twenty-five, he was invited to accompany a few young men from noble families on what would become a six-year journey through Europe, visiting many of the principal cities of France, Italy, and parts of Spain. Throughout this journey, Mark acted as a mentor-teacher to the young men, forming them in virtue and the Catholic faith. He remained very devout, visited churches regularly, attended Mass daily when possible, and was always attentive to the poor and sick.

After completing his journey, Mark returned to the University of Freiburg where he completed a doctorate in law and began working as a lawyer in France. As a lawyer, Mark especially advocated for the poor. He chose to conduct his work with complete honesty rather than for selfish gain. After only a short time in the legal profession, Mark became disenchanted by the corruption that permeated his colleagues, many of whom were intent on making dishonest profit from lawsuits rather than act with honesty and integrity.

Disillusioned by the legal system, Mark decided to follow in the footsteps of his brother who had become a Capuchin friar. In 1612, at the age of thirty-four, Mark was ordained a priest, entered the Capuchins, and took the name "Fidelis," which means "faithful." Finally realizing his true vocation as a Capuchin priest, he initially struggled with temptations of despair over what seemed to be thirty-four "lost years" of his life. The move to religious life was initially challenging because the freedoms he enjoyed as a layman were no more, but he persevered through this period with prayer and resolute determination. During this first year, he wrote a book for his own personal use that would be published more than a century later called *Exercitia spiritualia seraphicae devotionis*, a compilation of prayers and meditations. After four years of continued theological studies and formation, he was sent to the friary in modern-day Switzerland where he quickly became known for his preaching and strong defense of the Catholic faith against the ongoing battles with Protestantism, especially Zwinglianism and Calvinism.

The year 1618 marked the beginning of what came to be one of the longest and deadliest wars in all of Europe, the Thirty Years' War. The war primarily resulted from the ongoing tensions of the Protestant Reformation and the Catholic Counter-Reformation. During this period, Father Fidelis continued his life of deep prayer and penance and preached with zeal, winning many back to the Catholic faith. He also shared the Gospel by writing pamphlets on the faith that were secretly delivered to those who had abandoned the Church for Protestantism.

In 1621, Fidelis was sent to modern-day Austria where he continued to preach with great success. He won many people back to the Catholic faith, including nobility and rulers. When an epidemic broke out, he helped care for the sick, especially soldiers, and his compassion, genuine care, and sanctity did not go unnoticed. Among those who noticed him were many of the Calvinists who were outraged at his success at winning others back to the Catholic Church.

In 1622, the newly established Sacred Congregation for the Propagation of the Faith, Rome, commissioned Father Fidelis as a missionary to what is today Eastern Switzerland. He was accompanied on this mission by eight of his fellow Capuchins. There, by the authority of his mandate from Rome, he published what was called "The Ten Articles of Religion." This mandate enabled the civil rulers to halt Protestant worship and enforce Catholic worship. Many of those who had abandoned the Catholic faith were furious at this, but Father Fidelis pressed on with vigor, seeking only the salvation of souls. The hostility he faced, however, led him to joyfully predict his pending martyrdom.

On April 24, Father Fidelis was preaching in a Swiss church when an angry mob arrived. A shot was fired but missed him, and he quickly departed from the Church. As he journeyed to the next village where he was staying, the mob, which included a Zwinglian minister, caught up with him and demanded that he renounce the Catholic faith and embrace the teachings of Zwingli. To them he responded, "I am sent to you to confute, not to embrace your heresy. The Catholic religion is the faith of all ages, I fear not death." With that, Father Fidelis was stuck to the ground on the head with a sword. He then knelt and prayed, "Pardon my enemies, O Lord: blinded by passion they know not what they do. Lord Jesus, have mercy on me. Mary, Mother of God, assist me." After that, he received many more blows, was stabbed repeatedly, and one of his legs was dismembered from his body in retaliation against him for the many missionary journeys he had made throughout their land. Father Fidelis was only forty-five, ten of those years being a religious.

The martyrdom of Father Fidelis had a profound effect upon many. The Zwinglian minister who participated in his martyrdom later repented and returned to the Catholic faith. The local authorities soon crushed the rebellion and peace was restored. Six months later, Father Fidelis' body was discovered to be incorrupt, so it was transferred to the Cathedral of Coire and buried under the main altar. Over the next century, as many as 305 miracles were attributed to his intercession by those who prayed at his tomb.

As you seek his intercession today, pray that you, too, will desire only the glory of God and the salvation of souls. The world is filled with false teachings, confusion about the faith, and ignorance of God. With Saint Fidelis, renew your own resolute determination to become an instrument of the one, holy, catholic, and apostolic faith of Christ.

***Saint Fidelis, though you discovered your religious vocation later in life, what you lost in time you made up for in zeal and love of neighbor. You did not fear for your own life but only feared not doing enough for the salvation of souls. Pray for me, that I may imitate your courage and determination to do all I can to build up Christ's Church. Saint Fidelis, pray for me. Jesus, I trust in You.***

Source: [mycatholic.life](http://mycatholic.life)

*Please join us for morning tea after the 9am Mass*

**NEW ROSTER NOW AVAILABLE IN SACRISTY. PLEASE PICK UP A COPY.**

**NEXT WEEKEND'S ROSTER**

**29/4/23 to 30/4/23**

**FOURTH SUNDAY OF EASTER YEAR A**

	Saturday 7pm	Sunday 9am	Sunday 10.30am
<b>Acolyte</b>		Nigel M	Jerry L
<b>Reader1</b>	Maria G	Lorraine D	Emma M
<b>Reader2</b>	Sr Carol T	Ann L	Leon J
<b>Prayers</b>	Kathryn S	Judy H	Matt W
<b>TV</b>		Tyrone E	Sebastian W
<b>Music</b>		Mark Q	Melanie H
<b>Music</b>		Theresa N	Martina J
<b>Music</b>		Helen F	Marissa Q
<b>Music</b>		Keith W	
<b>Morning Tea</b>		Teresa G	
 <b>FLOWERS</b>	Mona M		

*Parish Roster*

*Thank You!*

*Thank you to all our volunteers, we really appreciate it!  
If anyone would like to join our parish roster please contact the parish.*

**ACKNOWLEDGMENT**

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

**SAFEGUARDING MISSION STATEMENT**

*We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.*

*If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:*

*Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.*

**PARISH OFFICE HOURS:**

**Mondays & Fridays:** 9.30am to 2.30pm

**Parish Office:** 02 9653 2312  
**Email:** arcadia.parish@bigpond.com

**Parish Administrator:** Fr Shansana Samarasinghe OSB  
**Email:** sanshanasamarasinghe@yahoo.com  
**After hours:** 0437 884 233

**Address:** 2 Fagans Road, Arcadia NSW 2159  
**Postal address:** 121 Arcadia Rd, Arcadia NSW 2159

**Website:** [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)  
**Facebook:** stbenedictsarcadia

**MONASTERY:** 9653 1159



**BANK DETAILS for ONLINE only donations:**  
**BSB:** 062 784 **Account:** 100002141  
**Account Name:** Catholic Parish of Arcadia Bank:  
**CBA—Catholic Development Fund**

**For all parish Occupational Health & Safety and Safeguarding Children matters Contact:**  
**Lorraine Dailey on 0416 081 882.**